



Guide Book

for

Parents

Massachusetts Maritime Academy

Parents Association

(MMAPA)

Version 2.0

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1. MASSACHUSETTS MARITIME ACADEMY PARENTS ASSOCIATION (MMAPA)

1.1. WELCOME FROM MMAPA

Dear Cadets and Families,

Welcome to Massachusetts Maritime Academy. This handbook is being provided through the combined efforts of the Massachusetts Maritime Academy Parents Association (MMAPA) and the staff of the Academy. We hope that this book (along with the Academy's College Handbook – a must read for the cadets) will help answer the many questions new students and their families have as they start their journey through the next four years. Our hope is that this book will acquaint you with some of the regulations as well as where to look for answers. Please remember that this information is current as of the date of publication but changes may be made by the Academy, so if you have a conflict be sure to check the Mass Maritime website (www.maritime.edu) or contact the appropriate staff for answers.

“The mission of the Massachusetts Maritime Academy Parents Association is to provide information and support to the families of the regimental cadets and students at MMA. We do this by promoting and facilitating communication among parents and with the Academy, by sharing information resources, and by raising funds for scholarships. Membership and participation are open to any interested family member, former cadets/students and family, and MMA staff.”

The MMAPA meets four times a year and we encourage all parents to attend (in person or via conference call) if possible. This is a great time to meet other parents, form friendships, volunteer for fundraising efforts and to learn important information that may not have been relayed to you by your cadet. Our fund raising efforts are focused on providing sea term and academic scholarships to deserving cadets. Thank you to the many involved parents for support.

We have a website <http://my.maritime.edu/page.aspx?pid=256>, which provides information, pictures and other content. Please check out the website and, while there, sign up for the MMAPA Google group, so you will receive emails and information from the MMAPA and other parents. Please feel free to contact us if we can be of any assistance.

Welcome aboard and, as you begin this journey, remember that there are many people who are willing to help with any problem, a place for a cadet to spend the night, or perhaps just a shoulder to lean on when needed. Our goal is to make this a rewarding experience for both the cadet and their family.

Welcome Aboard!

*Massachusetts Maritime Academy Parents Association
and MMA Administration*

1.2 PRIMARY OBJECTIVES AND BENEFITS OF MMAPA

The purpose of the MMAPA is to provide information and support to families of regimental cadets and students at the Massachusetts Maritime Academy. That is accomplished through sharing of information and personal experiences among parents and between parents and the Academy. Special emphasis is placed on assisting parents of cadet candidates as they begin their MMA experience.

MMAPA maintains a website (<http://my.maritime.edu/page.aspx?pid=256>) of regularly updated information of interest to parents, and operates a Google group where members can communicate with each other. MMAPA also raises money to provide cadet academic term (which may include the winter term) and sea term scholarships.

Benefits of participating in MMAPA include:

- Getting information;
- Sharing concerns;
- Reducing anxiety;
- Camaraderie, social network & support;
- Confidence;

The bottom line is helping your son or daughter make the most of his or her MMA experience and succeed at MMA – and thereafter. A key part of that is helping them learn self-reliance, discipline and responsibility. That in turn, means that we parents need to be able to step back and let your son or daughter take responsibility for them. Having been through this process ourselves, we understand that it may sometimes be difficult.

A very important aspect of MMAPA is, therefore, to share information and past experiences in order to help parents of new Cadet Candidates make this adjustment. MMAPA wants to ensure that you have access to the necessary information needed for you to feel full confidence in the MMA system, which helps make it easier to let go, allow the MMA process to work, and let the young adults find their way and discover what they can do when appropriately challenged and held responsible for themselves. it may sometimes be difficult.

1.3. MMAPA BOARD AND POINTS OF CONTACT

Please use link below to see the most current information on the MMAPA webpage

(<http://my.maritime.edu/page.aspx?pid=256>)

1.4. MMAPA PARENTS GOOGLE GROUP

The primary means of communicating routine information, asking and answering questions, etc., is via the online chat group (Google group). Signing up is easy:

a. Go to (<http://my.maritime.edu/page.aspx?pid=256>), click on “Google Group” (from the left side of the screen – see screen shot image, below), and then the link listed below.

<http://groups.google.com/group/mma-parents>



b. Answer the registration questions, and submit your application. Once your application is confirmed, you can customize how the Google group works for you. For example, some people like to get an email whenever a new post is made, so they can keep up. Others prefer to just check in periodically, rather than get emails. It's up to you – just be sure to sign up so you'll be plugged in and know what's going on.

2. ACADEMIC CALENDAR

Please use link below to view the latest calendar.

Academic Calendar AY 2013/2014

2013 Fall Term (74 Days)

Tuesday	3 September	Faculty Academic Orientation
Wednesday	4 September	Commence Classes 0800, Add/Drop begins
Wednesday	11 September	Last Day to Add Classes
Wednesday	25 September	Last Day to Drop Classes
Monday-Friday	30 September – 4 October	Registration for Winter Term - Sea Term and Co-op
Monday	14 October	Columbus Day - Holiday, No Classes
Tuesday	15 October	Deficiencies due to Registrar by 1000
Monday-Friday	4 November - 6 December	Advising and Registration for Spring Term
Monday	11 November	Veterans' Day - Holiday, No Classes
Tuesday	12 November	Observe Monday Academic Schedule
Wednesday	13 November	Last Day to Withdraw from Classes
Tuesday	26 November	Commence Thanksgiving Break after Last Class
Monday	2 December	Resume Classes
Friday	13 December	End Academics (All Classes)
Monday	16 December	Begin Final Examinations (All Classes)
Friday	20 December	Final Examinations End, End of Fall Term
Monday	23 December	Final Grades Due to Registrar's Office by 0900
Thursday	26 December	Academic Board Meets – 0900

2014 Sea Term (52 Days)

Thursday	2 January	1/C Cadet Officers Report
Sunday	5 January	Winter Sea Term Begins, 4/C at 1000, 3/C at 1045, 1/C at 1130
Saturday	11 January	Ship Departs Buzzards Bay
Sunday	23 February	Ship Arrives Buzzards Bay
Tuesday	25 February	End Winter Sea Term

2014 DGCE Winter Term

Monday	13 January	Commence Winter Academic Session
Friday	14 February	End of Winter Academic Session

2014 Spring Term (74 Days)

Tuesday - Friday	25-28 February	Late Registration for Spring Term
Monday	3 March	Academic Orientation Faculty
Tuesday	4 March	Commence Classes 0800, Add/Drop begins
Tuesday	11 March	Last Day to Add Classes
Monday - Friday	24-28 March	Registration for Summer Co-op
Tuesday	25 March	Last Day to Drop Classes
Monday - Friday	14 April - 2 May	Advising and Registration for Fall Term
Thursday	17 April	Commence Patriots' Day Weekend after last class
Monday	21 April	Patriots' Day Holiday - No Classes
Tuesday	22 April	Resume Classes
Tuesday	22 April	Mid-Term Deficiencies due to Registrar's Office by 1000
Monday - Thursday	12-15 May	License Examinations - Suspend Academic Classes (Class of 2014 License Candidates only)
Tuesday	13 May	Last Day to Withdraw from a Course
Monday	26 May	Memorial Day Holiday – No Classes
Tuesday	27 May	Observe Monday Academic Schedule
Tuesday	10 June	End Academics (All Classes)
Wednesday	11 June	Begin Final Examinations (All Classes)
Tuesday	17 June	Final Examinations End, End of Spring Term
Thursday	19 June	Final Grades due to Registrar's Office by 0900
Saturday	21 June	Graduation, Class of 2014
Monday	23 June	Academic Board Meets – 1000

2014 DGCE Summer Term

Monday	30 June	Commence Summer Academic Session
Friday	4 July	4 th of July Holiday – No Classes
Thursday	7 August	End of Summer Term for Tuesday, Thursday, every other Friday Classes
Monday	11 August	End of Summer Term for Monday, Wednesday, every other Friday Classes

Note: Because of the potential for Academic Calendar changes after publication of this guidebook, it is recommended that www.maritime.edu be consulted to ensure using the latest version.

3. MMA PHONE DIRECTORY

Administrative staff contacts can be accessed at the MMA website Faculty & Staff Directory link. Please keep in mind, however, that for non-emergency general information matters, you are encouraged to make your first contact to MMAPA whenever possible. This is in keeping with the Mission of MMAPA to facilitate communication and flow of information between parents and with MMA, and to help MMA staff from having to handle multiple inquiries on what may be a topic common to many parents. Experience shows that many questions can be handled by MMAPA and other parents, and that MMAPA consolidating questions to be presented to MMA Administration can be a more effective and efficient way to address many routine matters.

Extensions that begin with either a 5 or a 6 can be contacted directly by dialing 508-8300 and the 4 digit extension. All other extensions must be reached by dialing 508-830-5000 and then dial the 4 digit extension.

The MMA Staff Directory can be accessed at <http://www.maritime.edu/index.cfm?pg=directory>

4. SUBSTANCE ABUSE POLICY & EDUCATION

4.1 LETTER TO PARENTS

Dear Parents,

As part of Orientation and as a requirement for cadet recognition, your son or daughter will take a self-administered on-line alcohol awareness and prevention education course through MyStudentBody.com. During Orientation, Health Services Office will conduct a 2-hour in-class substance abuse education seminar. Your cadets will continue to receive alcohol prevention education through Sea Term in preparation of visiting countries where there are minimal or no laws governing alcohol consumption.

In support of the Academy's efforts to educate out cadets on the dangers of substance abuse, the Parents Association felt the subject important enough to complement their program by providing informational material for parents on the website, (<http://my.maritime.edu/page.aspx?pid=256>). Educating and informing parents on alcohol abuse and underage drinking has become the norm nationwide for colleges and universities in an effort to include parents as a resource in prevention strategies.

According to research, parents make the greatest influence on their sons and daughters in establishing a strong foundation for making healthy decisions. (1) It is up to you to take a proactive stance. Your cadet depends on you for your parental support, wisdom, and guidance to help them learn to make good decisions. Read and re-read the material provided. It's never too late to start talking with your cadet about the consequences of alcohol abuse and underage drinking. Parents are the primary educators in their child's life and we do make a difference no matter what their age.

We provide an on-line Parent Packet that contains Massachusetts Maritime Academy Alcohol Policy, Massachusetts Board of Higher Education Alcohol Policy, US Coast Guard regulations mandated for all MMA undergraduates in **ALL MAJORS**, and resource pamphlets produced by MMA Parents Association, Massachusetts Dept. of Health and Norfolk District Attorney, William R Keating.

Parents surveyed found the information provided to be relevant and should be made available to future parents. We hope you will find this link informative but, more importantly, helpful in beginning dialogue with your college-bound teenager both on the consequences of underage drinking on or off campus and making clear your expectations of their behavior while away from home.

It is important to note MMA adhered to a zero-tolerance policy for underage drinking

(1) Alcohol Alert #67, US Dept. of Health & Human Services, January 2006

4.2 \$50,000 MISTAKES

Below is a list of violations resulting in suspensions/dismissals which the Academy refers to as the \$50,000 mistake.

- **1/C Cadet** – Found guilty of article 205-E-4-b, “Unauthorized use of controlled substances.”
➡ **Dismissed from Academy**
- **3/C Cadet** – Exceeded maximum 4-year demerit limit
➡ **Voluntarily resigned from Academy**
- **3/C Cadet** – Exceeded maximum Sophomore year demerit limit
➡ **Suspended from Academy for one semester**
- **3/C Cadet** – Found guilty of article 205-D-2-j, “Discrediting public conduct” for assault and battery charges
➡ **Suspended from Academy for one semester**
- **4/C Cadet** – Found guilty of article 205-E-4-b, “Unauthorized use of controlled substances.”
➡ **Dismissed from Academy**
- **4/C Cadet** – Found guilty of article 205-D-2-c, “Arrestment of a felony charge” for driving under the influence of alcohol charges.
➡ **Suspended from Academy for one semester**

5. CAMPUS GUIDE/LOCATIONS

Alumni Gymnasium

Athletic Director
Athletic Trainer
Basketball Courts
Boxing Room
Coaching Offices
Equipment Manager
Weight Room
Intramural Director
Physical Therapy Room
Racquetball Courts
Pistol/Rifle Range
Sports Information
Swimming Pool
Varsity Locker Rooms

Charles Hurley Library

Health Services
Future Bookstore

Blinn Hall

Admissions

Student Union

Financial Aid

MSEP Laboratories

Auditorium

Dormitory Complex

Academy Staff Duty Office (Second Co.)
(Chartwells)
Alumni Office (Third Co.)
Band Room (Fifth Co.)
Barber Shop (Four Corners)
Boat Donation Office (Third Co.)
Career Planning and Placement Office (Fifth Co.)
Chapel (Third Co.)
Commandant's Office (Sixth Co.)
Commuter Student Advisor (First Co.)
Cooperative Ed. Office (Fifth Co.)
SGA Office & Meeting Room (Fifth Co.)
Student Mail Room (Second Co.)
Uniform Shop (Sixth Co.)

Harrington Building

Academic Dean
Audio Visual Office
Bridge Simulator
Business Office
Classrooms
CMT
Director of Human Resources
Faculty Offices
Admiral's Hall
Naval Sciences
Office of Continuing Education
Oil Spill Simulator
President
Radar Simulator Laboratory
Registrar
CMEPS
Vice President/Administration
Finance
Vice President - Operations

Dormitory Complex-

Academy Store
Bay State Conference Center
C.I.C.-Cadet Information
Center
Dining Hall
Fantail
Food Services Office

Storer Building

Campus Police
Cargo Handling Simulator
Classrooms
Diesel Engine Simulator
Machine Shop
Purchasing Office
Welding Shop

6. Campus Map Link

<http://www.maritime.edu/map/>

7. PREPARING FOR ORIENTATION

7.1 PHILOSOPHY

Orientation is a transformative experience, taking recent high school graduates, and preparing them to become MMA cadets. Parents may wonder how best to help their child prepare.

Well, first we have to recognize that “child” doesn’t apply anymore. These young adults have tremendous capacity to take responsibility for themselves. If you do everything, then a significant portion of the transitional experience may be diminished.

On the other hand, they are just beginning their MMA experience, and have not been through to become cadets – they are not at that stage. Experience suggests a balance between.

The bottom line is that everyone is unique, so you need to determine the best balance point and your own comfort zone. The Google group is a invaluable resource for connecting with other MMAPA parents who have been through this experience before and can help (whether with specific questions, or general moral support).

If your Cadet candidate feels anxious, perhaps this bit of wisdom will help:
“If you can get in, you can get through.” & “Keep your eye on the prize”
The key is paying attention, preparing, and sticking with it

7.2 SELECTED SPECIFIC TIPS

7.2.1 ADVANCE PREPARATION

Time passes quickly over the summer. It’s important to ensure all requirements are:

- A. Understood as early as possible (with questions asked & answered)
- B. Planned out carefully, and
- C. Executed in plenty of time

Orientation is challenging enough by design. It is not helpful for any C/C to show up to Orientation already exhausted, stressed & Distracted from last minute preparations and late night packing.

7.2.2 C/C RESPONSIBILITY & PARENTAL SUPPORT

Ultimately, your C/C has to have self-discipline and be responsible, but you do have an important role to play. For one thing, make sure that things that are your responsibility, such as financial obligations, are taken care of as required. Help your C/C stay focused and moving by being clear about your expectations and by periodically asking how the preparations are going. Beyond that, it's a matter of your knowledge of your C/C and your personal parenting style to guide your decision about how much to get involved. As described above, your C/C needs to learn to take responsibility, so just doing everything yourself will be a disservice. On the other hand, they are not fully mature, so recognize the guidance and support are important parental contributions.

7.2.3 YOUNGIE KNOWLEDGE

This is information that every C/C is expected to learn, and be able to recite back on command – and under pressure. Why? Three important reasons:

- A. It's important information (parts of a lifeboat, emergency procedures, Academy Philosophy & Staff etc.)
- B. "Learning how to learn" and learning to stay in control and perform under pressure are two of the most critical skills one can acquire. MMA graduates are highly desired in the Maritime industry and elsewhere for having such skills
- C. "Because I said so." That dreaded parental 'explanation' of last resort actually applies here. Your C/C is going to learn to be a Leader – MMA is often referred to as a 'Leadership Laboratory.' Learning to be a Leader requires learning how to be a good Follower. Not in the negative sense (e.g., peer pressure, do what everyone else is doing) but in the positive sense of being part of a team, something greater than one's self. So, if there's an iceberg ahead and the Captain orders the Helmsman to turn starboard, the helmsman follows the order without hesitation. So, if your C/C is directed to learn the Youngie Knowledge, that is what is expected.

Having said that, two observations:

- A. Does everyone show up with everything on the list perfectly mastered? No – if it was that easy, then it wouldn't be effective and they'd make it even harder.
- B. On the other hand, does your kid want to be the one who shows up making a first impression of being unprepared or not caring, and be under the additional pressure of having to catch up?

Recommendation: Your C/C has to be responsible, but you can encourage that. Ask your C/C how the preparations are going (with clear expectations that they should be moving along.) Offer to provide some quizzing & assessment feedback. If that doesn't show progress, perhaps a reminder of why it's important might be appropriate & helpful. Beyond that, it's a matter of your knowledge of your C/C and your personal parenting style whether you try to exert further influence or let the chips fall where they may.

7.2.4 PACKING

In a word: “Compact”. Your Cadet Candidate will be expected to carry all personal belongings throughout the Orientation reporting process. If it’s on the list, bring it. If it’s not on the list, do not bring it. That said, when selecting specific items, you and your C/C should seek to pack lighter – and more compactly (e.g. a big fluffy pillow may not weigh that much, but it can make a whole pack more awkward and tiring to carry). Your C/C should try packing everything up to make sure it fits – and then carry it around for a couple of hours to find out how heavy it gets, how straps dig in after a while etc.

7.2.5 WHAT KIND OF SOCKS? (SERIOUSLY, THIS IS NOT A FOOLISH QUESTION!)

In a word; “high”. The socks are not a fashion statement – they actually serve an essential carrying function. A picture is worth a thousand words (so here’s 2,000 words worth – plus a few words!):



Examples of items carried in socks:
Youngie Knowledge booklet, flashlight, pocketknife, lighter (for ropework), notepad, pen, etc.

8. FREQUENTLY ASKED QUESTIONS

Please refer below to link on the MMAPA website

<http://maritime-parents.org/faq/>

9. COMMON QUESTIONS RECEIVED BY MMA ADMISSIONS OFFICE (Updated for Fall 2013)

Q. How many students are at MMA?

A. Approximately 1400

Q. What percentage are female?

A. Approximately 12%

Q. What percent of students are from out of state?

A 30%

Q. How large is the campus?

A. 55-acres

Q. How many volumes does the library have?

A. The library contains +55,000 volumes, they also belong to a state system so if you require a book that they do not have, it can be ordered. The library also houses 2-computer labs containing ~30 terminals each. The new Information Commons is currently under construction and is scheduled to be completed in fall 2011.

Q. How many students choose to go into the military?

A. Approximately 5-10% of each graduating class will choose a commissioning program.

Student Life

Q. Are Freshman allowed vehicles?

A. No. (Subject to Change depending on availability)

Q. What happens on the weekend? Do most students stay or leave?

A. While many students leave campus on the weekend to either go home or visit friends at other colleges, varsity athletics, student club activities and weekend duty schedules do amount to approximately one third of the students, who stay on campus during weekends.

Q. Do I have to wear the uniform every day?

A. Yes, students are required to be in the regiment and wear the uniform of the day.

Q. Can I leave campus?

A. As a freshman you are not allowed to leave campus during the week. Liberty is granted on the weekends and you can do what ever you like! If a special situation arises during the week and you HAVE to leave campus, you are required to obtain special permission from your Company Officer.

Q. What if I have a job?

A. The regiment, academic schedule, and adjustment to freshman life will keep you extremely busy. Due to the unique environment, MMA discourages first year cadets to have jobs.

Training Ship TS KENNEDY

Q. What is the history of the ship?

A. The Kennedy was originally constructed in 1967 as a cargo freighter for Lykes Shipping Company she was turned over to the federal government in 1986 and utilized in the Gulf War to transport cargo. After a 5-year, \$30-million conversion MMA took command of her in April 2003.

Q. Where did the name come from?

A. The *Kennedy* was named after the entire Kennedy family for their love of the sea, dedication to Massachusetts and their support of Massachusetts Maritime Academy. The ship was previously named *Enterprise*, after the Academy's original 1891 training vessel. The original name of her was the Velma Lykes.

Q. What are some statistics on the ship?

A. Length: 540ft

Beam: 76.2 ft

Gross Tonnage: 10,723T

Speed: 20 knots

Q. Where do students go on cruise?

A. There are four typical routes the ship will travel. Those routes are Eastern Caribbean, Southern Caribbean, Panama Canal to Pacific and the Mediterranean.

Athletics

Q. What do you have for varsity sports? Cadets are not required to participate in a varsity sport.

A. Men: Baseball, crew, cross country, football, lacrosse, rifle, sailing, soccer, track & field

Female: Crew, cross country, lacrosse, rifle, sailing, soccer, softball, track & field, volleyball

Q. What college athletic division is MMA?

A. Division III

Q. Are athletic scholarships available?

A. Division III schools are not allowed to give athletic scholarships. We do offer many academic and leadership scholarships.

**Student Computer Recommendations
(updated with 2013-2014 requirements)**

- Desktop or Laptop computers are acceptable, a laptop may be easier if you plan on taking notes in classes.
- **Operating System:** Windows 7 or higher; Mac OSX 10.6 or higher; Ubuntu 12.04 or variants
- **Processor:** 2GHz+ recommended
- **Memory:** 3GB+ recommended
- **Hard Drive:** 250GB+ recommended
- **Optical Drive:** Writable CD/DVD recommended
- **Network Adapter:** Wired and wireless adapters
- **Warranty:** 3+ years on-site, next business day with accidental damage coverage recommended
- **Antivirus Software** with auto-update and active scanning required INCLUDING Mac OSX
- 25' category 5/5e network cable
- Netbooks, tablets or smartphones are not recommended as a primary computer system
- Desktop printers are discouraged

Students are provided with instructions on configuring their network connection.

If there are issues with configuration/connectivity, students can contact the IT Help Desk.

10. GLOSSARY OF UNCOMMON TERMS / ACRONYMS

- ACCUPLACER: Massachusetts Board of Higher Ed required placement exam of all freshmen
- AMO: American Maritime Officers, Union
- ARPA: Automatic Radar Plotting Aids, Simulator
- Auxies: Auxiliary Machines, a course in the engineering major
- Binnacle: In actual marine use, the nonmagnetic housing for the ship's compass. At MMA, Sick Bay/the nurse's station
- Cadet Candidates, c/c: Students who have enrolled but are not yet recognized members of the regiment. Recognition is usually granted on Family Weekend.
- Cadet Shipping: 60/90 days shipping after second year of school with a private company
- Cadre: The group of 1/c and 2/c who conduct Youngie Orientation
- CelNav: Celestial Navigation, a deckie course
- Class: 1/C, First Class Cadet, Senior; 2/C, Second Class Cadet, Junior; 3/C, Third Class Cadet, Sophomore; 4/C, Fourth Class Cadet, freshman. Usage: 1/c Smith is addressed as "First Class Smith."
- Class III: Minor disciplinary infraction (i.e. missing formation, not shaving, late to class, etc.)
- Class II: Moderate disciplinary infraction (i.e. missing watch, alcohol consumption, disrespect, etc.)
- Class I: Highest level disciplinary infraction (i.e. felony charge, assault, sexual harassment, etc.)
- Cleaning Stations: Cleaning duties assigned every a.m.
- CIC: Cadet Information Center
- CMDR : Commander
- CMT: Center for Maritime Training
- CO: Company Officer
- Coasties: The Coast Guard licensing examinations given to engineers and deckies before graduation
- ComCad: Commandant of Cadets, analogous to the Dean of Students at a college
- Company: an administrative unit and also a dorm. "My cadet is in 6co." "1/c Smith is the 4co TRO."
- COMO : Commodore
- Concentration: Analogous to a minor at a college
- Co-op : Paid work experience related to the student's field of study for which academic credit is earned
- Cover : Hat
- Crunchie: a student in the MSEP (marine safety and environmental protection) major
- Deck: term used to describe the levels of the dorms/ship. "4/c live on the 03 deck."
- Deckie: A student in the Marine Transportation major

- Demos: Demerits
- ED: Extra Duty; a reward for doing that which you were not supposed to do
- Fantail : The Student Lounge in the company area
- Fore and aft: the formal cover (hat) with a visor
- GMDSS: Global Maritime Distress and Safety System
- Honor Board: Cadet-run discipline system focusing solely on the motto that "Cadets do not lie, cheat or steal, nor tolerate these acts from others."
- IMB: International Marine Business
- Licensed major: The majors that lead to licensure, i.e., MTRA (deck) and MENG (engineering)
- MAPS: Maritime Academic Preparation Seminar
- Mast: disciplinary hearing: (Class I, Class II, Class III)
- Mess Deck: Dinning facility
- MMP: Masters, Mates and Pilots, union
- MoFo /IndoFo: Morning formation, when the regiment assembles every morning for roll and announcements. In the case of very inclement weather this is IndoFo, held indoors.
- MENG: Marine Engineering (engineering major)
- MSEP: Marine Safety and Environmental Protection (nonlicensed major)
- MTRA: Marine Transportation (deck major)
- Muster: Roll Call, a group of cadets from the same company assembled together
- OOD : Officer of the Deck
- Pipe : Word passed over the intercom or public address system
- POD : Plan of the Day, which you can check on the MMA website. Where all official announcements are posted.
- Quarterdeck: Part of the main deck reserved for honors and ceremonies and as the station of the SWO in port.
- RATE : A cadet that holds a position in the chain of command
- RC: Regimental Commander
- Regi: Referring to a member of the Regimental Staff, as in "Regi Commander."
- Restriction: Limits on leaving campus or ship, as the result of a Mast hearing. "I got three weeks restriction."
- ROO: Regimental Operations Officer
- Salt and peppers: Uniform consisting of black pants /white shirt
- ASDO: Academy Staff Duty Officer: the term for "the adult in charge for the day"
- SGA: Student Government Association
- Squaring the corners: When cadet candidates walk one foot from all walls, including corners
- SVO: Small Vessel Operations
- SWO: Staff Watch Officer
- TAP: A performance deficiency, not academic related
- TAP Sheet: written notice of a performance deficiency, internal to the regiment
- TRO: Training Retention Officer

- Watch: Four hour tours; cadets responsible for safeguarding people and equipment
- Wedge: Regimental staff that run the entire organization; in charge of the entire regiment, refers to the wedge-shaped formation in which they march at the head of the regiment
- XO: Executive Officer, one for the regiment and one for each company.
- Youngie: Name given to New students beginning with orientation through the completion of the recognition ceremony in October.
- Youngie Knowledge: Youngie knowledge enlightens cadets as to the rules, traditions, regulations, customs and policies associated with Massachusetts Maritime Academy in particular and Maritime related industries in general. Youngie Knowledge is required memorization for all underclassmen. Not all parts of the Youngie Knowledge will be posted on the MMA Orientation website. That information will be handed out at Orientation.
 - Mission of the Academy
 - Chain of Command/Names of Academy Officers, Regimental Staff, Company, Honor Guard and Band Staff.
 - Young Man's/Woman's Function
 - The Massachusetts Maritime Academy Honor Code
 - Ship's Emergency Signals
 - Inspection Spout
 - Types of Emergency Situations which may occur aboard the ship
 - Memorize Joseph P. Kennedy's quotation from the plaque in the Storer Building
 - The Fire Triangle
 - Classifications of Fire
 - Traits of a Leader
 - Thirty-Nine parts of a Lifeboat
 - Steam Cycle
 - MMA's past Presidents

11. BOURNE DIRECTORY

HOUSES OF WORSHIP

BAPTIST	EPISCOPAL	METHODIST
<p>First Baptist Church 298 Barlows Landing Road Pocasset (508) 563-3164</p> <p>Forestdale Baptist Church 110 Route 130 Forestdale (508) 419-1768</p> <p>Mashpee Baptist Church Great Neck Road Mashpee (508) 477-1330</p>	<p>Church Of The Good Shepherd 74 High St Wareham (508) 295-2840</p> <p>St John's Episcopal Church 159 Main Street Sandwich (508) 888-2828</p> <p>St. Peter's Episcopal Church-on-the-Canal 165 Main Street Buzzards Bay (508) 759-5641</p>	<p>Bourne United Methodist Church 37 Sandwich Rd Buzzards Bay (508) 759-4898</p> <p>Cataumet United Methodist Church 1093 County Rd Cataumet (508) 563-3555</p> <p>Swift Memorial Methodist Church 10 Williston Rd Sagamore Beach (508) 888-0170</p>
CATHOLIC	JEHOVAH'S WITNESSES	
<p>St John's Church 841 Shore Rd, Pocasset (508) 563-5887</p> <p>St Margaret's 141 Main Street Buzzards Bay (508) 759-4797</p> <p>St Patrick 82 High Street Wareham (508) 295-2411</p>	<p>Jehovah's Witnesses 264 Cotuit Road Sandwich (508) 477-2860</p> <p>Jehovah's Witnesses 1255 Sandwich Road East Falmouth (508) 563-7247</p> <p>Jehovah's Witnesses 692 County Road West Wareham (508) 295-8223</p>	

BANKING/ATMS	NEWSPAPERS
<p>Bank of America & ATM 10 Canal Pl, Buzzards Bay</p> <p>Rockland Trust Co & ATM 172 Clay Pond Rd, Bourne (508) 743-0480</p> <p>Sovereign Bank & ATM 50 Cohasset Ave, Buzzards Bay (508) 759-3020</p> <p>TD Bank ATM 121 Main St, Buzzards Bay (508) 759-7511</p> <p>ATMS</p> <p>Bank of America @ MMA Mess Deck/Book Store area</p> <p>Cumberland Farms (store hours only) 160 Main Street, Buzzards Bay</p> <p>Hess 343 Scenic Hwy, Buzzards Bay</p>	<p>Bourne Enterprise 50 Depot Ave Falmouth, MA 02540 (508) 548-4700</p> <p>Cape Cod Times 319 Main St. Hyannis, MA, 02601 (508) 775-1200</p> <p>Upper Cape Coder Sunflower Market Rte 6a Centerville, MA 02634 (508) 888-0000</p> <p>The Bourne Courier Available free in many establishments throughout Cape Cod</p>

For more information please visit www.capecodcanalchamber.org

12. ACCOMMODATIONS


The establishments listed below offer a MMA discount. You must call them directly and mention you are with MMA in order to receive the discount. Some local Restaurants and Activities in the area are also listed.

B&B's

HOTELS/MOTELS

<p>The Fox Run, Buzzards Bay Ernie (woman): 508-759-1458 10% MMA discount 15% MMA discount for 2 or more nights Full breakfast included 2 miles away www.foxrunbandb.com</p>	<p>Bay Motor Inn, Buzzards Bay Irene & Fred: 508-759-3989 AAA rate applies for MMA families Less than 1 mile away www.baymotorinn.com</p>
<p>The Holly House by the Canal, Bourne Rita & Tom Mitchell: 508-759-2864 10% MMA discount 3.25 miles away www.hollyhousecapecod.com</p>	<p>Fairfield Inn, Middleboro 508-946-4000 Ask for Special MMA Rate of \$92.00 Breakfast Included 22 miles away www.marriott.com/hotels/travel/pymfm-fairfield-inn-plymouth-middleboro</p>
<p>The Inn on Onset Bay, Onset Cheryl and Abe: 508-295-1126 10% MMA discount 5 minutes away www.innononsetbay.net</p>	<p>Quality Inn, Bourne Peter: 508-759-0800 Mention MMA and get 15% off BAR 3 miles away www.qualityinn.com/hotel-bourne-massachusetts-MA192</p>
<p>The Labyrinth House, Cataumet Denise Sullivan: 508-269-9204 10% MMA discount Full breakfast included 8.5 miles away www.thelabyrinthhousebandb.com</p>	<p>Sandwich Lodge & Resort, Sandwich Rita Patel: 508-888-2275 Toll Free 1-800-282-5352 10% MMA Discount/ Rita Patel 10% Discount next door at British Beer Works Breakfast included 8 miles away www.sandwichlodge.com</p>
<p>Mulberry B & B, Wareham Fran Murphy: 508-295-0684. 10% MMA discount 6.5 miles away www.bedandbreakfast.com/massachusetts-wareham-mulberry-bed-breakfast.html</p>	<p>The Eastern Inns Cape Cod, Buzzards Bay 508-759--2711 10% MMA discount 1.88 miles away www.easterninnscapecod.com</p>
	<p>The Daniel Webster Inn & Spa 508-888-2632 800-444-3566 149 Main Street, Sandwich 10% off 1 night, 15% off 2 or more nights 9.5 miles away www.danlwebsterinn.com</p>

PLYMOUTH LODGING**14. LOCAL ACTIVITY IDEAS**

<p>**Plymouth is about ½ hr from campus and is a great place for sightseeing **</p>	<p>The Canal, A great place to take your family walking, biking (see rental information below) and picnicking. Try to time your visit so you can watch the train bridge go up and down.</p>
<p>Best Western 188 Court Street, Plymouth 508-746-2222 10% MMA discount</p>	<p>Bicycle Rentals Sail World 139 Main Street, Buzzards Bay 508-759-6559 or toll free 1888-496-4694 www.sailworld.com/rentals/bike_rentals.html</p>
<p>Hilton Gardens 4 Home Depot Drive, Plymouth 508-830-0200 MMA rate is \$92 weekday and \$115 weekend depending on availability Breakfast included</p>	<p>Canal Cruise Onset Town Pier 184 Onset Ave, Onset 508-295-3883 4:00p.m. boat children free www.hylinecruises.com</p>
<p>MILITARY LODGING</p> <p>Wings Inn - U.S. CG Air Station</p> <p>5204 Ent Street Buzzards Bay Office: 508-968-6461 Fax: 508-968-6637 Office Hours: M-F 0800 to 1600 Saturday and Sunday - 0900 to 1400 www.mwrcapcod.com/wings_inn.php Email: ascc.tg@gmail.com</p>	<p>Cape Cod Maritime Museum 135 South Street, Hyannis 508-775-1723 www.capecodmaritimemuseum.org</p>
<p>13. RESTAURANTS</p> <p>Lindsey's Seafood Restaurant 3138 Cranberry Hwy, Buzzards Bay 508-759-5544</p> <p>Mezza Luna Restaurant 253 Main Street, Buzzards Bay 508-759-4667</p> <p>Sagamore Inn 1131 Rt 6A, Sagamore 508-888-9707</p>	<p>2013  44th Annual Bourne Scallop Festival September 20, 21, 22, 2013 Buzzards Bay Park, Main Street, Buzzards Bay www.bournescallopfest.com</p>
<p>Hemisphere 98 Town Neck Road, Sandwich 508-888-6166</p> <p>Aqua Grille 14 Gallo Rd, Sandwich 508-888-8889</p>	<p>Whale Watching & Fishing Tours Captain John 10 Town Wharf Plymouth 508-746-2643 www.captjohn.com</p>

Horizons on Cape Cod Bay

98 Town Neck Road, Sandwich
508-888-6166

Daniel Webster Inn

149 Main Street, Historic Sandwich Village
508-888-3622